The Seven Essential Life Skills Every Child Needs

Life Skill That Promotes Executive Function (EF):

Making Connections

Making Connections is at the heart of learning—figuring out what’s the same and what’s different, and sorting these things into categories. Making unusual connections is at the core of creativity. In a world where people can Google for information, it is the people who can see connections who are able to go beyond knowing information to using this information well.

Suggestions for Promoting Making Connections for Ages 6-8

Tip:

As you read What Do You Do With a Tail Like This?, ask your child to guess what each body part does and match it to the animal before you turn the page.

Skill:

When you ask children to come up with their own ideas, they are creating new connections between new and old information.

Tip:

Ask your child:

• “In what ways do animals use their noses in similar and in different ways?” Their ears? Their eyes? Their mouths? Their tails?”

Skill:

In asking your child to look for similarities and differences, you are asking him or her to form larger categories, looking at information in new and creative ways, which promotes Executive Function skills.

What Do You Do With a Tail Like This?

By Steve Jenkins

What Do You Do With a Tail Like This? is an interactive book exploring the amazing things animals can do with their ears, eyes, mouths, noses and tails.

High-quality books and educational resources from First Book supporting research-based Life Skills from Mind in the Making by Ellen Galinsky

Find more books and materials on the First Book Marketplace, a resource available exclusively to educators and programs serving children in need. www.fbmarketplace.org

You will notice that these tips promote two child development principles: Serve and Return and Executive Function skills.

Serve and Return, like a game of ball, involves a back and forth conversation between you and your child where you listen, then build on and extend what your child says or does to promote learning.

Executive Function skills are skills you use to manage your attention, your feelings, your thoughts and your behavior to reach your goals.

They include being able to pay attention, remember information, think flexibly and exercise self control.

Find more about Mind in the Making at www.mindinthemaking.org.