You can talk with your child about how it would feel if something he or she wore came to life:

- “What would it feel like if your hat or t-shirt or pajamas talked?”

**Skill:**

You are promoting Perspective Taking when you help your child think about how it might feel if his or her clothes could talk. This back and forth conversation between you and your child is what researchers call “serve and return.” Like a game of ball, one of you says or does something (serves) and the other responds (returns). The importance of these everyday interactions to brain building is a key finding from child development research.

**Tip:**

You can use the poems in this book to pretend that familiar objects have thoughts and feelings. You can ask your child what his or her shoes or swimsuit might say. Turn this into a back and forth conversation between your child’s clothes and your child.

**Skill:**

Perspective Taking includes understanding how others think and feel, even pretending about everyday objects. When your child pretends, he or she has to put his or her own feelings aside, which calls on Executive Function skills.